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FOR IMMEDIATE RELEASE

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## Community Health Centers: Lighting the Way for Healthier Communities Today and in the Future



NEW HAMPSHIRE - August 6, 2020 - Governor Chris Sununu issued an official [Proclamation](#) declaring August 9-15, 2020 Community Health Center Week to highlight health centers' critical role in serving their communities and strengthening public health in the battle against COVID-19. NH's Community Health Centers are participating in celebrations taking place

nationwide by hosting community and virtual events during August.

Health centers offer a wide range of preventive and primary care services, including mental health, chronic disease management, pediatric care, and oral health, regardless of insurance status or ability to pay, with a sliding fee scale. Health centers offer resources and services that help patients overcome common barriers to accessing health care, including a lack of transportation, childcare, and insufficient income to pay for services and prescriptions.

About 122,000 Granite Staters call a health center their medical home. Health centers remain open throughout the emergency and have taken many steps to protect their patients and staff by delivering services via telemedicine, implementing screening procedures, utilizing personal protective equipment, and offering drive-thru testing as part of a statewide strategy to expand capacity. Their commitment to patient care and community service is strong and unwavering in the face of our current challenge.

### NH Health Center Week Events

#### August 8-16 - Lamprey Health Care Virtual 5K

LAMPREY HEALTH CARE: <https://www.lampreyhealth.org/>

Saturday, August 8- Sunday, August 16

Event Location: Lamprey Health Care, Anywhere, any state, any 5K route!

To ensure the safety of you and all race volunteers, Lamprey will offer a virtual race this year. What does this mean? It means you get to run when it is convenient for you, while still supporting your local community health center. There will be swag, there will be raffles, and through this new online platform, you can track your time along with your fellow virtual 5K runners. Run your 5K in your neighborhood or preferred route anytime, starting August 8 till August 16. Contact: (603) 292-7296.

#### August 9-15 - "SHOW US YOUR HEALTHY" Photo Project

AMOSKEAG HEALTH: <https://www.amoskeaghealth.org/>

Sunday, August 9-Saturday, August 15

Event location: Amoskeag Health, 1245 Elm Street, Manchester, NH and 184 Tarrytown Road, Manchester, NH  
Manchester is a vibrant, colorful, diverse community. Amoskeag wants to display that beauty within its health care offices and on its website and social media pages. Please help to build a unique photo collage of what 'healthy' means to you. Take a photo of what you do to be healthy in mind and body that can be shared with the world. Examples may be laughing with a friend, playing a game with your child, or hiking a trail with your

dog. It is all about showing us YOUR healthy. Residents of the Greater Manchester area (18 years and older) are invited to send them a photo showing what being healthy means to you. Send your photos to [advancement@amoskeaghealth.org](mailto:advancement@amoskeaghealth.org) by August 15 at 4:00 PM. Photos that are deemed appropriate by Amoskeag Health will be used to create a canvas print which will be displayed in the waiting room at Amoskeag Health locations. Questions, please email [advancement@amoskeaghealth.org](mailto:advancement@amoskeaghealth.org). *By sending in your photo, all participants in your photo agree to have their picture posted on social media and in Amoskeag Health's waiting room as part of a poster collage.* Contact: (603) 296-9214.

### **August 11: Hand Hygiene – Blacklight Challenge**

AMMONOOSUC COMMUNITY HEALTH SERVICES: <https://www.ammonoosuc.org/>

Tuesday, August 11

10:00 AM

Event Location: 25 Mt. Eustis Road, Littleton

Wash your hands and take the blacklight challenge! How does your hand hygiene hold up under the blacklight?

Find out and discover tips on the right and wrong way to wash your hands! Contact: (603) 444-8216.

### **August 13 – Meet the ACHS Board – A Virtual Event**

AMMONOOSUC COMMUNITY HEALTH SERVICES: <https://www.ammonoosuc.org/>

6:00 PM

Event Location: 25 Mt. Eustis Road, Littleton, NH via Zoom

Want to meet the team that helps drive YOUR Community Health Center? Here's your chance to meet ACHS' Board of Directors and Senior Leadership team to discover what makes ACHS so great! They'll provide a Zoom log in so you can access the team to ask questions and provide your feedback. They'll talk about National Community Health Center Week and why they strive to be a beacon of hope and good health to the community. Contact: (603) 444-8216.

### **August 14 – ACHS Coloring Contest**

AMMONOOSUC COMMUNITY HEALTH SERVICES: <https://www.ammonoosuc.org/>

10:00 AM

Event Location: ACHS-All Sites, 25 Mt. Eustis Road, Littleton, NH

Kids of all ages are invited to participate in ACHS' National Community Health Center Week's Coloring Contest! Stop by any ACHS site to pick up a coloring sheet celebrating Community Health centers as the Beacon of Light for the community or download the sheet from their Facebook site. Sheets will be available July 14 at ACHS-Woodsville, Whitefield, Littleton, Franconia, and Warren! Show your colors and creativity. Sign your name on the back and drop them off to any ACHS location by 5:00 P. M. August 10. ACHS staff will vote and select one winner from each site. Winners will be announced Friday, August 14. Prizes will be awarded! Contact: (603) 444-8216.

### **August 15 - ACHS Lights the Way – LED Light Bulb Give-Away!**

AMMONOOSUC COMMUNITY HEALTH SERVICES: <https://www.ammonoosuc.org/>

Saturday, August 15

10:00 AM

Event Location: Littleton Farmer's Market, River Glen Lane, Littleton, NH

Come get a FREE LED light bulb to help keep you safe and sound in your home. It's part of our NCHCW initiative to help light the way for seniors in their homes to avoid falls. ACHS is partnering with local utility companies to offer a trade and free bulb or night light. Contact: (603) 444-8216.

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### **About Bi-State**

Bi-State is the Primary Care Association that serves NH and VT. Bi-State provides training and technical assistance (T/TA) to Federally Qualified Health Centers and Look-Alikes to improve programmatic, clinical, operational, and financial performance. Bi-State's Recruitment Center recruits health care providers and supports policies that help retain the NH and VT health care workforce.