Narrative Leadership: The Story of Self

MATT LEWIS
LEARNING OBJECTIVES

• Develop and share narratives structured around “choice points”

• Understand how sharing intentional stories of self can build strong, interdependent teams

• Recognize how the story of self can create a sense of hopefulness both within ourselves and others
agenda

THEORY

EXAMPLE

REFLECT

YOUR TURN

BRINGING IT BACK TOGETHER
Matt Lewis

ACADEMIC TRAINING
Emory University, PhD
Harvard Divinity School, MTS
Georgetown University, BA

PRIMARY CARE PROGRESS
Strategic Consultant
Background

WHAT IS REALLY GOING ON IN PRIMARY CARE?

Research Team

Observation & Interviews

Findings
Providers feel:

- Isolated - physically, experientially and emotionally
- Lack of connection to patients
- Alone
- Devalued
- Disrespected
- Demoralized
our stories are powerful
"Shadow activity" in the brain
Increased sense of **community**
Increased **emotional connection** and buy-in
Stories are motivating, promote connection, and enhance wellbeing...
we tell stories every day
BUT NOT OUR OWN
now what? we tell stories.

a challenge
an outcome
a choice
narrative leadership...
My Story

OF SELF
ACADEMIC TRAINING

WHO I AM
WHAT I CARE ABOUT

Narrative
debrief
conclusion

The Value of a Story
STRENGTHENING
THE COMMUNITY AT THE
Heart of Care

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