2019 Clinical Quality Symposium
Increasing Your Clinical Expertise in Diabetes

May 20, 2019 | Lake Morey Resort | Fairlee, Vermont
AGENDA

TERRACE BALLROOM

7:30 - 8:30 AM  Continental Breakfast with Sponsors & Colleagues

Morey Room

8:30 – 8:40 AM  Welcome and Opening Remarks

8:40 – 10:00 AM  Keynote Speaker: Marcella Wilson, PhD, Transition to Success, LLC

Poverty and Diabetes: Understanding and Treatment

TERRACE BALLROOM

10:00 – 10:25 AM  Networking Break with Sponsors

Morey Room

10:30 – 11:00 AM  Changing How We Take Care of Patients with Food Insecurity

11:00 AM – 12:00 PM  Connecting the Dots: Food, Diabetes, and What You Can Do About It

TERRACE BALLROOM

12:05 PM – 1:00 PM  Conference Networking Lunch – Open Seating

EDGEEWATER, MOREY, AND THEATER ROOMS (CONCURRENT)

1:00 – 2:30 PM  Professional Development Workshops

EDGEEWATER  I. Effectively Managing a Pre-Diabetes Diagnosis

MOREY  II. Incorporating the Diabetes Care Team: Reducing Provider Burden and Improving Patient Outcomes

THEATER  III. Moving from Wrestling to Dancing; Using Motivational Interviewing to Increase Motivation Towards Healthier Behaviors

Morey Room

2:45 PM – 4:15 PM  Utilizing New Diabetes Treatment Tools and Medications: Efficacy, Outcomes, and Use

4:15 PM - 4:30 PM  Closing Remarks, Return CEU Forms to AHEC, Raffle Drawings, Networking
FROM THE PRESIDENT AND CEO
Tess Stack Kuenning, CNS, MS, RN

Dear Colleagues,

Welcome and thank you for attending Bi-State’s first Clinical Quality Symposium! This conference germinated from a seed planted by one clinician and is designed to meet the needs of all practicing clinicians and health professionals. We’re delighted to welcome our Keynote Speaker, Marcella Wilson, Ph.D., president and founder of Transition to Success. We are also joined by numerous regional and national experts conducting our diabetes-focused workshops. Please join us in welcoming this year’s conference sponsors by visiting their exhibits to learn more about them. Sponsor support makes it possible for Bi-State to provide affordable continuing education opportunities. We look forward to learning together with you today!

Sincerely,

Tess Stack Kuenning, CNS, MS, RN
President and Chief Executive Officer

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2019 Clinical Quality Symposium:
Improving Your Clinical Expertise in Diabetes

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Our Vision
Healthy individuals and communities with quality health care for all.

Our Mission
Promote access to effective and affordable primary care and preventive services for all, with special emphasis on underserved populations in Vermont and New Hampshire.

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Poverty and Diabetes: Understanding and Treatment

The keynote presentation will focus on patients with diabetes who also live in poverty, and what impact this may have on their lives. Social Determinants of Health and their role in affecting medication adherence, diet, stress levels, and resilience will be addressed. Participants will understand why some of their patients appear to be “non-compliant” with medications, and why seemingly simple requests from the perspective of the provider can be almost insurmountable to a patient struggling with chronic disease and living in poverty.

Keynote Speaker: Marcella Wilson, Ph.D.

Marcella Wilson has over 30 years of extensive experience in health care administration, not-for-profit management, behavioral health, criminal justice, and public sector programming. Dr. Wilson, a University of Michigan alumnus, holds a Master's degree in Social Work and a Ph.D. in Health and Higher Education. Dr. Wilson is an Emmy Award winner for the “WRUFightn4” documentary promoting youth volunteerism. In her role as president and founder of Transition to Success, Wilson is leading a national social change movement with a standard of care to treat poverty as an environmentally based medical condition. “Diagnosis: Poverty,” Dr. Wilson’s newly published book, defines a scalable, sustainable, measurable, multi-generational response to poverty.

MORNING FOCUS | Identifying and Addressing a Common Root Cause of Uncontrolled Diabetes: Food Insecurity

Changing How We Take Care of Patients with Food Insecurity

One of the biggest enemies facing the patient population within the Geisinger footprint is Type 2 diabetes. The innovative Geisinger solution to tackling DM as well as social determinants of health provide patients with the essential tools and proper education to win the fight. Through care, education, and support the Fresh Food Farmacy can lower health care costs and set individuals and their families on a new path to health and wellness.

Michelle Passaretti, MSN, RN, CCM - Senior Director of Innovations, Geisinger’s Steele Institute of Health

Michelle is the Senior Director of Innovations for Geisinger’s Steele Institute of Health, providing direct oversight of the clinical team whose responsibilities include: direct patient care, disease management, and medication optimization. She is also responsible for the Fresh Food Farmacy, a collaborative and innovative approach to changing how we care for our patients through a Food As Medicine concept and is leading work in the social determinants of health space for the Institute’s Health Pillar.
Connecting the Dots:
Food, Diabetes, and What You Can Do About It

This panel will discuss the current environment in New Hampshire and Vermont as it relates to chronic disease and food insecurity. Food insecurity has been identified as a root cause of many chronic diseases, including diabetes. Panelists will share innovative ways that they have addressed food insecurity in their communities, how it impacts patients and families, and how others could begin such initiatives.

PANELISTS

Eileen Liponis, MBA, Executive Director, New Hampshire Food Bank

Eileen Liponis graduated from Boston College and worked in finance for many years in the Boston area. Ellen came to New Hampshire to pursue a Master of Business Administration degree from the University of New Hampshire. The rewards of mission-driven work drew her away from the for-profit world. Eileen grew up in the Hudson Valley of New York and now resides in the NH seacoast area with her husband and three daughters.

Michelle Wallace, Director of Community Health and Fresh Food Initiatives, Vermont Foodbank

Michelle Wallace provides leadership, strategic direction, and supervision of community-based programs that promote community food security and health. Michelle is responsible for the direct oversight and evaluation of several programs that increase the availability, demand, and utilization of fresh produce including Community Kitchen Academy, VT Fresh, Vermonters Feeding Vermonters and the Gleaning Program.

Helen Costello, MS, RDN, LD, Food Systems and Nutrition Consultant

Helen Costello is a Food Systems and Nutrition Consultant connecting people with limited income to access to healthy food. She is the former Program Manager at the NH Food Bank where she developed and managed programs that empower limited resource audiences to acquire skills and resources to integrate nutritious foods into their lives.

Suzanne Kelley, MSW, Vermont Department of Health

Suzanne Kelley works for the Vermont Department of Health managing Vermont’s SNAP-Ed program, a USDA obesity prevention program for SNAP-eligible individuals, and is the lead on several initiatives connecting access to healthy and local food with health systems. Suzanne also manages a Healthy Community Design program to increase access to healthy food and places to be physically active for Vermonters.

Michelle Passaretti, MSN, RN, CCM Senior Director of Innovations | Geisinger’s Steele Institute of Health (see previous page)

Moderator: Helen Labun, MSc., Director, Vermont Public Policy, Bi-State Primary Care Association

Helen Labun joined Bi-State as director of Vermont Public Policy this year and is the former executive director of the Vermont Fresh Network, the former Food Policy Administrator for the Vermont Agency of Agriculture, and she has held positions at the Vermont Council on Rural Development. She has a bachelor’s degree from Princeton University's Woodrow Wilson School of Public and International Affairs, an M.Sc. from UVM, and a master’s degree in Fine Arts.
Professional Development Workshops

1:00 – 2:30 pm

EDGEOATER ROOM

Effectively Managing a Pre-Diabetes Diagnosis

This session will focus on best practices, tools, and techniques to effectively manage and support patients who have a pre-diabetes diagnosis. Participants will learn which lifestyle modifications have the most significant impact on A1C values and preventing complications from diabetes, and how to engage patients in meeting those goals.

Saumya Saini, MD, Endocrinologist, Rutland Diabetes and Endocrinology Center

Dr. Saini received a Bachelor of Science with Honors in Genetics and Biotechnology from the University of Toronto, Medical Degree from St. George’s University, followed by Residency in Internal Medicine at Norwalk Hospital, an affiliate Yale University School of Medicine, and fellowships at Dartmouth Hitchcock Medical Center in Endocrinology, Diabetes, & Metabolism as well as Leadership Preventive Medicine. She enjoys hiking, biking, travel, and cuisine with her husband and two children.
MOREY ROOM | 1:00-2:30 pm

Incorporating the Diabetes Care Team: Reducing Provider Burden and Improving Patient Outcomes

This panel, composed of professionals treating patients with diabetes across different roles in a comprehensive Diabetes Care Team, will share best practices in their work and how their expertise can help to reduce a primary care provider's workload managing patients with diabetes, while also improving patient outcomes. Efficient staffing models and workflows will be discussed, and case studies will be shared.

PANELISTS

Joel Schnure, MD, Medical Director, Chief of the Division of Endocrinology and Diabetes, University of Vermont

Dr. Schnure is the Chief of the Division of Endocrinology and Diabetes at the University of Vermont Medical Center. His clinical interests include diabetes management and access, as well as thyroid and pituitary disease. Most of his professional life has been spent involved in diabetes education including serving as the president of the American Association of Diabetes Educators. Throughout his career he has spent time with many superb CDE icons in diabetes education including Aileen Van Son, the first president of AADE, and Carol Sinicki, the first editor of The Diabetes Educator.

Maureen Boardman, ARNP, Family Nurse Practitioner, Little Rivers Health Care

Maureen Boardman has been a Family Nurse Practitioner for 28 years and obtained her Bachelor of Nursing from the University of Maine and master's degree in Nursing from the University of Tennessee. She is Director of Clinical Quality at Little Rivers Health Care, and a member of the Bi-State Clinical Quality Committee. She is a Clinical Assistant Professor of Community and Family Medicine at Dartmouth School of Medicine, and a Fellow in the American Association of Nurse Practitioners.
Martin Irons, RPh, CDE, Pharmacist in Charge, Beauchamp & O’Rourke Pharmacy

Martin Irons has been a Certified Diabetes Educator for nearly twenty-five years. He practices in a community pharmacy in Rutland, Vermont. Martin serves on the Advisory Board and is a regular contributor to Diabetic Living magazine.

Kathleen Blindow, RN Care Coordinator, Northern Counties Health Care

Kathleen has been an RN for 34 years, and the Chronic Care Coordinator at the Island Pond Health and Dental Center in rural Island Pond, VT for 10 years. She has worked in rural and urban settings caring for patients from pre-birth to centenarians. Kathleen loves teaching and assisting patients to set health care goals and find realistic ways to help themselves in a Medical Home setting. Kathleen has been happily married for 38 years and has four children.

Moderator: Rebecca O’Reilly, MS, RD, Diabetes and Cardiovascular Disease Lead, VT Department of Health

Rebecca O’Reilly is a Registered Dietitian and the diabetes and cardiovascular disease lead for the Vermont Department of Health. Her work includes fostering numerous partnerships with healthcare providers, subject matter experts, and health systems leaders to carry out the strategies for diabetes and CVD prevention and management set forth by the CDC. She holds a master’s degree in Dietetics, with a community nutrition focus, from the University of Vermont where she also completed her dietetic internship.
“WORKING WITH CHRIS AND THE TEAM AT PIVOT (TO UPDATE OUR WEBSITE) WAS EASILY ONE OF THE BEST PROFESSIONAL DECISIONS I’VE MADE!”

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MOREY ROOM | 2:45 - 4:15 pm

Utilizing New Diabetes Treatment Tools and Medications: Efficacy, Outcomes, and Use

Treatments and medications for diabetes are always evolving. Keeping up with the newest options for patients can be a challenge for primary care providers and other clinicians. This session will discuss the new options available, including the cost/benefit ratio, financial cost of such treatments, and the risks of each treatment.

Joel Schnure, MD, Medical Director, Chief of the Division of Endocrinology and Diabetes, University of Vermont

Dr. Joel Schnure is the Chief of the Division of Endocrinology and Diabetes at the University of Vermont Medical Center. His clinical interests include diabetes management and access, as well as thyroid and pituitary disease. Most of his professional life has been spent involved in diabetes education, including serving as the president of the American Association of Diabetes Educators.
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