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Vermont Health Centers Participate in National Health Center Week *Free community events, health screenings, acupuncture and more*

VERMONT -- August 2, 2016 – Governor Shumlin proclaimed August 7-13 as National Health Center Week in Vermont as Community Health Centers get ready to celebrate with family fun events and an open invitation to community members to stop by for information on how to become a patient. Federally Qualified Health Centers provide health care to all ages, including primary and preventive medical and oral health care, behavioral and mental health care, and offer lower cost prescriptions to patients. The Health Centers accept all ages regardless of insurance coverage or ability to pay.

Beginning with the establishment of the first Health Center in 1965 in Massachusetts, the Community Health Center model has spread across the country to every state. Today, there are more than 9,200 Health Centers serving 23 million people. Nationally, Health Centers save the health care system \$24 billion annually, generate \$26.5 billion in economic activity and engender more than 230,000 jobs. Because of their long record of success in innovation, managing healthcare costs and reducing chronic disease, Community Health Centers have enjoyed bipartisan Congressional support for more than 50 years. To find your local Community Health Center, visit: www.findahealthcenter.org.

Vermont Health Center Week Events

August 8 - American Red Cross Blood Drive

BURLINGTON - Community Health Centers of Burlington's American Red Cross Blood Drive – Monday, August 8, 9 a.m. – 3 p.m. – 617 Riverside Ave, Mansfield Room, Burlington. www.chcb.org

August 8 – Ear Acupuncture/Acudetox

BRISTOL - Mountain Health Center's Innovators in Community Health – Monday, August 8, 5:00 p.m. – 7:00 p.m. - Reduce Stress, Restore Balance with Ear Acupuncture/Acudetox. Drop in treatments in a group setting with Rachel Edwards, L.Ac. 74 Munsill Ave, Bristol. www.mountainhealthcenter.com/

August 9 – “Hungry Heart” Film Screening and Presentation

BRISTOL - Mountain Health Center's Innovators in Community Health – Tuesday, August 9, 6:30 p.m. – 8:30 p.m. - “Hungry Heart” film screening and presentation afterwards with Bob Donnis, Chair, Addison County Committee on Opiate Addiction. 74 Munsill Ave, Bristol. www.mountainhealthcenter.com/

August 10 – “Nourishing Our Children As a Healthy Community”

BRISTOL - Mountain Health Center's Innovators in Community Health – Wednesday, August 10, 6:30 p.m. – 7:30 p.m. - “Nourishing Our Children As a Healthy Community” presentation and community conversation on food choices we make for our kids with nutrition educator Kristen Andrews, M.Ed. 74 Munsill Ave, Bristol. www.mountainhealthcenter.com/

August 11 – Introduction to Hypnosis

BRISTOL - Mountain Health Center's Innovators in Community Health – Thursday, August 11, 6:30 p.m. – 7:30 p.m. -
Calm and Confident: Introduction to Hypnosis to Reduce Anxiety and Boost Self-Esteem
Samuel Lurie, MSW, MEd, CHt. 74 Munsill Ave, Bristol. www.mountainhealthcenter.com/

August 12 – American Red Cross Blood Drive

BRISTOL - Mountain Health Center's Innovators in Community Health – Friday, August 12, 11:00 a.m. – 4:00 p.m. - 74
Munsill Ave, Bristol. www.mountainhealthcenter.com/

August 14 - Vermont Lake Monsters Baseball Game

BURLINGTON - Vermont Lake Monsters Baseball Game – Sunday, August 14 - 5 p.m. - Join Community Health Centers of
Burlington at Centennial Field and watch Vermont's own single-A minor league baseball team, the Vermont Lake
Monsters, battle the Tri-City Valleycats. CHCB will be the featured organization that evening and there will be free
prizes, giveaways and information about all of our programs and services for the whole family. www.chcb.org

For more information visit: www.bistatepca.org

To find a health center in New Hampshire or Vermont: www.findahealthcenter.org

About Us

Bi-State Primary Care Association is a nonpartisan, nonprofit organization that represents New Hampshire and
Vermont's 28 Community Health Centers serving 300,000 patients at 120 locations. Bi-State works to promote access to
quality, affordable primary health care with an emphasis on reaching underserved populations. Bi-State Primary Care
Association was founded as a 501(c)3 charitable organization in 1986 with offices in Bow, NH and Montpelier, VT.

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