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NEW HAMPSHIRE PSYCHOLOGIST TO RECEIVE OUTSTANDING CLINICIAN AWARD



NEW HAMPSHIRE – May 13, 2016 – On May 24, Sandra Rose, PhD, Goodwin Health Center's former director of Behavioral Health and practicing clinical psychologist, will receive The Outstanding Clinician Award from Bi-State Primary Care Association. This annual award "honors primary care clinicians from Vermont and New Hampshire whose exemplary skills and service have made a significant impact on the health of underserved patients and the community in which they serve." Dr. Rose will receive the award during the Awards Ceremony Luncheon at the 2016 Primary Care Conference on May 24 in Fairlee, Vermont.

While Dr. Rose was at Goodwin Community Health, she was the driving force behind piloting SBIRT (screening, brief intervention, and referral to treatment) which is an evidence-based practice used to identify, reduce, and prevent problematic use, misuse, and dependence on alcohol and illicit drugs, most notably including non-judgmental conversations about their use by the patient.

She leveraged \$20,000 from the NH Charitable Foundation to obtain a \$330,000 grant from the Health Resources and Services Administration of the U.S. Department of Health and Human Services and the Hilton Foundation for SBIRT and a plan for implementing it statewide.

She continued her visionary work by starting an adolescent SBIRT program for Goodwin Health Center, among other innovative administrative and clinical practices.

Dr. Rose was also ahead of her time in New Hampshire in the implementation of chronic disease treatment, including substance abuse peer support and wellness groups. Treating substance abuse as a chronic disease, she received grant support from Harvard Pilgrim Insurance and HRSA to implement this very successful program. It was through her vision and leadership that Goodwin Community Health was such an early and successful adopter of integrating behavioral health care into their primary care setting.

She is the past president of the New Hampshire Psychological Association and a former member of the governing body of the American Psychological Association and the Psychology Advisory Board of the New Hampshire, Board of Mental Health Practice.

Established in 1986, Bi-State Primary Care Association is a nonpartisan, nonprofit 501(c)(3) charitable organization. Bi-State's annual Primary Care Conference features experts in health care policy and practice at the federal, state, and local level and attracts a large audience of primary care administrators, clinicians, and policymakers. For more information, please visit www.bistatepca.org.

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