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## **Health Center Week in New Hampshire** *Community partners promote healthy living and free services*

NEW HAMPSHIRE -- August 2, 2016 – Governor Hassan proclaimed August 7-13 as National Health Center Week in New Hampshire as Community Health Centers get ready to celebrate with family fun events and an open invitation to community members to stop by for information on how to become a patient. Community Health Centers provide health care to all ages, including primary and preventive medical and oral health care, behavioral and mental health care, and substance misuse treatment.

Beginning with the establishment of the first Health Center in 1965 in Massachusetts, the Community Health Center model has spread across the country to every state. Today, there are more than 9,200 Health Centers serving 23 million people. Nationally, Health Centers save the health care system \$24 billion annually, generate \$26.5 billion in economic activity and engender more than 230,000 jobs. Because of their long record of success in innovation, managing healthcare costs and reducing chronic disease, Community Health Centers have enjoyed bipartisan Congressional support for more than 50 years. To find your local Community Health Center, visit: [www.findahealthcenter.org](http://www.findahealthcenter.org).

### New Hampshire Health Center Week Events

#### ***August 8 – Family Fun Day and Health Fair***

MANCHESTER - Manchester Community Health Center and Child Health Services at MCHC's Family Fun Day and Health Fair – Monday, August 8, 5:00 p.m.-7:00 p.m. – Fun for the whole family with music, food, face painting, fire trucks, games, raffles, bike activities, health information and screenings, and much more. 145 Hollis Street, Manchester. <http://www.mchc-nh.org/>

#### **August 9 - 20<sup>th</sup> Anniversary and National Health Center Week Celebration**

LACONIA - HealthFirst Family Care Center's 20<sup>th</sup> Anniversary Celebration - August 9, 10 a.m – 2 p.m. – Fun for the whole family with face painting, live animal shows, games for kids, a dunk tank, and fire and police demos. Live broadcast with Fred Caruso, Mix 94.1 FM. Open house tours, health tips, Marketplace health insurance enrollment and benefits questions answered and an opportunity to meet primary care providers! 22 Strafford Street, Laconia. <http://www.healthfirstfamily.org/>

August 10 – Open House

PORTSMOUTH - Families First Health & Support Center's Open House – Wednesday, August 10, 11 a.m. – 2 p.m. Fun for the whole family with meeting health care and family services providers -- including new children's health care provider Kim O'Mahoney -- in an informal, fun setting. Refreshments, raffle, giveaway items, indoor and outdoor play space for young children, and more. 100 Campus Drive, Portsmouth. [www.familiesfirstseacoast.org](http://www.familiesfirstseacoast.org)

### **August 10 - 20<sup>th</sup> Anniversary and National Health Center Week Celebration**

FRANKLIN - HealthFirst Family Care Center's 20<sup>th</sup> Anniversary Celebration – Wednesday, August 10, 10 a.m – 2 p.m. – Fun for the whole family with face painting, live animal shows, games for kids, a dunk tank, and fire and police demos. Live broadcast with Fred Caruso, Mix 94.1 FM. Open house tours, health tips, Marketplace health insurance enrollment and benefits questions answered and an opportunity to meet primary care providers! 841 Central Street, Franklin. <http://www.healthfirstfamily.org/>

### **August 10 – Annual Meeting and 10<sup>th</sup> Anniversary Celebration**

WEST STEWARTSTOWN - Indian Stream Health Center's Annual Meeting and 10<sup>th</sup> Anniversary Celebration - Wednesday, August 10, 5 p.m. social hour and 6 p.m. dinner at the Spa Restaurant, West Stewartstown (across the bridge from Canaan, VT). <http://www.indianstream.org/>

### **August 11 – A Celebration of Health**

NASHUA - Harbor Care Health and Wellness Center and Dental Clinic's *A Celebration of Health* – Thursday, August 11, 10 a.m.-3 p.m. – Fun for the whole family with free blood pressure, oral health and behavioral health screenings, a nutrition class, a Yoga and meditation class, chair massage, acupuncture, Reiki and Tai Chi demonstrations, and free haircuts and refreshments. Health insurance navigators will answer questions about enrolling in the NH Health Insurance Marketplace and explain how to use insurance plan benefits. 45 High Street, Nashua. <http://harborhomes.org/>

### **August 13 – Annual 5K Community Road Race**

NEWMARKET - Lamprey Health Care's Annual 5K Road Race - Saturday, August 13, 7 a.m. registration, race starts at 8:30 am. Race starts and ends at the Newmarket Community Center, Terrace Dr., Newmarket. Since 1987, Lamprey celebrates health and community - fun for all ages – music, refreshments, prizes. Proceeds support Lamprey's programs and services dedicated to the healthy development of their pediatric patients. [www.lampreyhealth.org/](http://www.lampreyhealth.org/)

For more information visit: [www.bistatepca.org](http://www.bistatepca.org)

To find a health center in New Hampshire or Vermont: [www.findahealthcenter.org](http://www.findahealthcenter.org)

### **About Us**

Bi-State Primary Care Association is a nonpartisan, nonprofit organization that represents New Hampshire and Vermont's 28 Community Health Centers serving 300,000 patients at 120 locations. Bi-State works to promote access to quality, affordable primary health care with an emphasis on reaching underserved populations. Bi-State Primary Care Association was founded as a 501(c)3 charitable organization in 1986 with offices in Bow, NH and Montpelier, VT.

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