

**NATIONAL HEALTH CENTER WEEK**  
**Transforming Health Care in Our Local Communities**  
**AUGUST 11-17, 2013**



Tess Stack Kuenning  
President/CEO

National Health Center Week is an annual celebration of America's Community Health Centers and a time to raise awareness of their shared mission to provide high quality primary and preventive health care that is truly accessible to all - regardless of insurance coverage or income. As the trusted provider of choice for individuals and families, Community Health Centers in New Hampshire and Vermont are providing a wide range of primary care services to more than 300,000 people.

The Community Health Centers of Vermont and New Hampshire are hosting a variety of free community events over the next several weeks, including receptions, healthy food, dancing, music, health center tours, television programs, videos, and much more over the next several weeks.

**Did you know?** Nonprofit Community Health Centers provide access to medical, dental, behavioral, and pharmacy services.

**Do you have a chronic disease?** Community Health Centers have decades of experience helping patients successfully manage diabetes, hypertension, asthma, and other chronic diseases through excellent medical care, patient and family education, nutritional counseling, and the assistance of a chronic care manager to help each patient follow their care plan and receive regular check-ups.

**Is it affordable?** Community Health Centers accept all major insurance plans, Medicaid and Medicare, and provide services in modern, well-equipped, and conveniently located facilities. Community Health Centers help patients access a wide range of support services. For the uninsured, a sliding fee scale based on income is available.

**Community Health Centers** are staffed by experienced and compassionate doctors in the fields of family medicine, internal medicine, pediatrics, OB/GYN, and other specialties, as well as advanced practice registered nurses, nurse practitioners, dentists, dental hygienists, licensed social workers, pharmacists, and other clinical support staff.

**Beginning October 1,** Community Health Centers in New Hampshire and Vermont will have Certified Application Counselors on-site to provide information, answer questions, and assist patients and community members enroll in affordable health insurance programs through the Health Insurance Marketplaces, Medicaid, or the Children's Health Insurance Program. Call your local Community Health Center for more details. [Click here to Find a Community Health Center near you.](#)

**Please check the list below for events near you - and bring the family!**

**Community Health Center Events**

**New Hampshire**

**Manchester**

**Sat. July 27: [Flash Mob for a "Healthy Manchester"](#)**

Attend our Flash Mob Event in honor of National Dance Day - have fun and exercise at the same time! We're creating a video for National Health Center Week - come early and be ready to dance. Email Sandy Bryant at [Sbryant@mchc-nh.org](mailto:Sbryant@mchc-nh.org) for details.

1:00 PM: Veterans Park, 889 Elm Street, Manchester, NH

## **Errol**

### **Tues. Aug. 6 Annual Meeting - Dinner, Music, Awards**

[Indian Stream Health Center](#)

Buffet dinner, music by FOG, community awards, and guest speaker Nancy Puglisi, PhD will present: Meditate Your Way to Wellness.

Please RSVP to Gaetane at 603-388-2432.

5:30 PM: Log Haven Restaurant, Errol, NH

## **Newmarket**

### **Sat. Aug. 10: 5k Road Race and Newmarket Olde Home Day**

[Lamprey Health Care](#)

Prizes for top runners, a major raffle drawing, refreshments, and music, the LHC Annual 5K is great fun for runners, walkers, families, and kids. Road race proceeds help support Lamprey Health Care's special programs and services for children.

Race Starts: 8:30 AM: Registration: 7:00-8:15 AM on-site, or online

Start Location: Newmarket Community Center, 1 Terrace Drive, Newmarket, NH



## **Colebrook**

### **Wed. Aug. 14 Pharmacy Open House**

[Indian Stream Health Center](#)

The open house for the new on-site pharmacy will showcase the pharmacy space, newly constructed elevator, and renovated exam rooms. This event will be coupled with the local North Country Chamber of Commerce, in hopes that many chamber members will attend. The event is open to the public, and hearty hors d'oeuvres and beverages will be served.

5:00 PM: Indian Stream Health Center, 141 Corliss Lane, Colebrook, NH

## **Littleton**

### **Wed. August 14: Community Block Party**

[Ammonoosuc Community Health Services](#)

Community appreciation event includes food, music, art, crafts, magic, demonstrations, displays, a chance to meet the Molar Express Team, and Health Center Tours.

Join the fun! FREE & fun for the whole family while promoting a healthy lifestyle.

**4:30-7:00 PM:** Ammonoosuc Community Health Services, Corner of Cottage Street & Mt Eustis Road, Littleton, NH

## **Berlin**

### **Thurs. Aug. 15: Grand Prize Drawing for a Kindle Fire**

[Coos County Family Health Services](#)

All who have registered on the Coos County Family Health Services Patient Portal are eligible. Coos County Family Health Services, 133 Pleasant Street, Berlin, NH

## **Nashua**

### **Thurs. Aug. 15 - NH Health Insurance Marketplace Training Forum**

The NH Insurance Department and the Centers for Medicare & Medicaid Services (CMS), in collaboration with Bi-State Primary Care Association and Community Health Centers, invites community agencies, health care organizations, and other stakeholders to participate in a training forum about the Health Insurance Marketplace in New Hampshire.

**1:00-4:00 PM** - Nashua location TBD

## Vermont

### Northeast Kingdom

#### Aug. 11-17 Health Quest

##### Northern Counties Health Care

On a special episode of Health Quest on Kingdom Access TV, Northern Counties Health Care guests will discuss the role of Community Health Centers in health care reform, the health insurance marketplace (VT Health Connect) and access to health care in Vermont.



### Burlington

#### Tues. Aug. 13 - Blood Drive

##### Community Health Centers of Burlington

**10:00 AM - 12:00 PM:** Community Health Centers of Burlington, 617 Riverside Drive, Burlington, VT

### Richford

#### Thurs. Aug. 15 - Open House Reception

##### Northern Tier Center for Health

Open reception honoring our retiring managing pharmacist, Jim Lill, RPh.

Community members welcome.

**11:30 AM - 1:30 PM** - Northern Tier Center for Health, 2nd floor, 44 Main Street, Richford, NH

### Plainfield

#### Sat. Sept. 7 - The Health Center Healthy Living Tent at Plainfield Old Home Day

##### The Health Center

Visit The Health Center tent for a free blood pressure check, healthy living materials, and meet Certified Application Counselors to learn more about your choices for enrollment on the health insurance exchange, Vermont Health Connect.

**9:00 AM - 5:00 PM:** Recreation Field, 28 Recreation Field Road, Plainfield, VT

### NH Community Health Centers

#### Ammonoosuc Community Health Services

Franconia, Littleton, Warren, Whitefield, Woodsville  
(603) 444-2464

#### Charlestown Family Medicine

Charlestown (603) 826-5711

#### Child Health Services Manchester

(603) 668-6629

#### Concord Hospital Family Health Center

Concord, Hillsborough (603) 228-7200

#### Coos County Family Health Services

Berlin, Gorham (603) 752-2040

#### Families First Health and Support Center

Portsmouth (603) 422-8208

#### Goodwin Community Health

Somerset (603) 749-2346

#### Harbor Care Clinic, Harbor Homes, Inc.

Nashua (603) 882-3616

#### Health Care for the Homeless Program

Manchester (603) 663-8716

#### Health First Family Care Center

Franklin, Laconia (603) 934-1464

### VT Community Health Centers

#### Community Health Centers of Burlington

Burlington (802) 864-6309

#### Community Health Centers of the Rutland Region

Bomoseen, Brandon, Rutland, West Pawlet (802) 773-3386

#### Community Health Services of Lamoille Valley

Morrisville, Stowe (802) 888-5639

#### Gifford Medical Center

Bethel, Berlin, Chelsea, Rochester, Randolph, Sharon (802) 728-7000

#### Little Rivers Health Care

Bradford, East Corinth, Wells River  
(802) 222-9317

#### Newport Pediatrics and Adolescent Medicine

Newport (802) 334-5929

#### North Country Hospital

Barton, Newport (802) 334-7331

#### Northeastern Vermont Regional Hospital

Lyndonville, St. Johnsbury  
(802) 748-8141

#### Northern Counties Health Care

Concord, Danville, Hardwick, Island Pond, St. Johnsbury (802) 748-5041

[Indian Stream Health Center](#)

Colebrook (603) 237-8336

[Lamprey Health Care](#)

Nashua, Newmarket, Raymond (603) 659-3106

[Manchester Community Health Center](#)

Manchester (603) 626-9500

[Mid-State Health Center](#)

Bristol, Plymouth (603) 536-4000

[Planned Parenthood of Northern New England](#)

Claremont, Derry, Exeter, Keene, Manchester, W. Lebanon (800) 230-7526

[Weeks Medical Center](#)

Groveton, Lancaster, Whitefield (603) 788-4911

[White Mountain Community Health Center](#)

Conway (603) 447-8900

[Northern Tier Center for Health](#)

Alburl, Enosburg, Richford, St. Albans, Swanton (802) 255-5500

[Planned Parenthood of Northern New England](#)

Barre, Bennington, Brattleboro, Burlington, Hyde Park, Middlebury, Newport, Rutland, St. Albans, Williston (800) 230-7526

[Springfield Medical Care Systems](#)

Bellows Falls, Chester, Ludlow, Springfield, VT and Charlestown, NH (802) 885-2151

[The Health Center](#)

Plainfield, Cabot (802) 454-8336

**Bi-State Primary Care Association** is a nonpartisan, nonprofit 501(c)(3) charitable organization formed in 1986 to promote access to effective and affordable primary care and preventive services for all, with special emphasis on underserved populations in VT and NH. Bi-State works with federal, state, and regional health policy organizations and policymakers, foundations, and payers to develop strategies, policies, and programs that promote and sustain community-based, primary health care services.

With offices in Bow, NH, and Montpelier, VT, Bi-State provides strategic advocacy, technical assistance, education and training, networking opportunities, and resource and information services.

Contact the Editor: [Susan Noon, MBA, APR - Director of Marketing and Development](#)

**[Bi-State Staff Directory](#)**

**Bi-State Primary Care Association**  
525 Clinton Street, Bow, NH 03304 and 61 Elm Street, Montpelier, VT 05602  
[www.bistatepca.org](http://www.bistatepca.org)